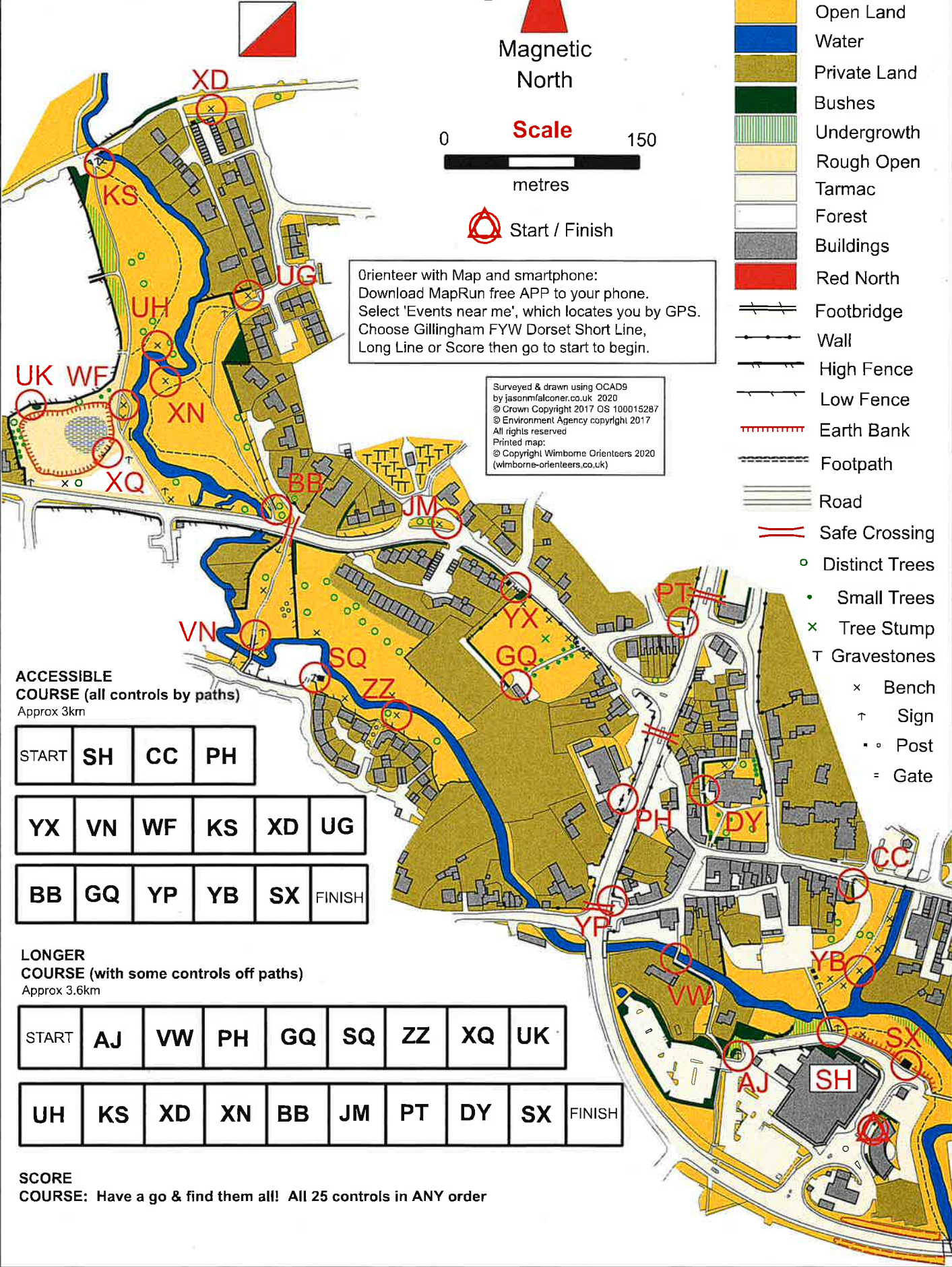


Gillingham Orienteering



Use the MapRun app to record your course and see other courses

Gillingham Orienteering

(see map overleaf)

Go to the start marker and find the welcome information and how to take part

ACCESSIBLE COURSE - approx. 3 kms

All controls by paths

SH	Fence end	1
CC	Hedge end/Gate post	2
PH	Wall	3
YX	Gate post	4
VN	Fence end	5
WF	Bench	6
KS	Fence post	7
XD	Bench	8
UG	Metal bench	9
BB	Fence end	10
GQ	Building corner	11
YP	Wall end	12
YB	Bench	13
SX	Green metal box	14

LONGER COURSE - approx. 3.6kms

Some controls off paths

AJ	Sign	1
VW	Bridge	2
PH	Wall	3
GQ	Building corner	4
SQ	Back of sign	5
ZZ	Bench	6
XQ	Back of fence	7
UK	Fence bend	8
UH	Bench	9
KS	Fence post	10
XD	Bench	11
XN	Bench	12
BB	Fence end	13
JM	Footpath sign	14
PT	Wall end	15
DY	Gate post	16
SX	Green metal box	17

Score Course - Any Order All 25 controls

Keep moving and having fun outdoors

Gillingham has a range of activities including Walking For Health Walks and green gym workstations for all ages and abilities.



If you would like to find more activities like this visit the LiveWell Dorset's website:
www.livewelldorset.co.uk/



If you would like to find out more about local orienteering events go to Wimborne Orienteers website: www.wimborne-orienteers.org.uk

For details of local play areas, open spaces and walks around Gillingham visit the Town Council website:
www.gillinghamdorset-tc.gov.uk

