

1. From the Town Meadow turn left into the High Street and follow the road to the left into the Square. Keeping the church at your back, carry straight on down a lane, across a footbridge over the River Stour to join a footpath which turns left and the right past two thatched cottages.

*There is a staggered ford here with one end beside the footbridge and the other by Chantry Ford Cottage.*

The path leads to the car park behind Waitrose. Continue on the footpath keeping Waitrose on the left side to reach the main road. Use the traffic lights to the left to cross the road.

2. Go through a kissing-gate along a short path to a second kissing-gate. Turn right immediately to cross two fields through more gates.

*These fields are known as Chantry Fields. Amongst many other events, a great fete was held here in 1859 to mark the opening of the railway.*

Follow the boundary of the sewage works up to another gate. Go through and bear left. Make for the final kissing gate in the far right corner of the field.

3. Turn right on to a metalled road and at the T junction turn left. Make use of path behind the lefthand hedge, then carry on to the entrance to Thorngrove on the right. Go up the drive for about 50 yards to a gate in fence on the right. Go across the field and through two gates in the hedge. The next field is currently a building site with path diverted around it. Keep heading for the twin grey towers of the old Wyke brewery which can be seen in the distance. As the ground begins to dip, look for a gate between two bungalows straight ahead. A narrow path leads to a lane. Follow this and at the crossroads turn right into Wyke Road.

*Wyke has an old Saxon meaning of "dairy farm" and a Norman, William took the Saxon name and had a small manor built here in 1244.*

4. Stay on the right hand side for several hundred yards. After crossing Broad Robin look for a footpath on the left between two houses, Trelawn and Mount View House. Cross Wyke Road with care and follow this tarmac path. Cross an estate road and go over the footbridge and past the outdoor green gym.

5. At the road turn right and go past the Cemetery and Catholic Church on the left and then the Garden of Remembrance on the right. Cross the over the main road at the T junction with care. Take the pedestrian access through the wall. Bear right to return to the Square. Bear left and follow the road back to the Town Meadow.

